FUTURE WORKSPACES

Home working

We asked respondents about working from home and how this impacted their productivity and wellbeing.

Working from home

On average, people work from home _less_ than **one day** per week.

More than half of respondents would like to work from home **1 or 2 days** per week and most people feel this would be acceptable.

74% of respondents want to work from home more often.

32% of those who gave a reason* for why they don't work from home, said their company doesn't allow them to, however only

93% of respondents said they are as effective or more effective when working at home.

5% of employers who responded said they don't endorse home working.

How does home working impact wellbeing?

"Flexibility allows me to be more hands on with my children"

"I don't have to commute which saves time and energy"

"I can take breaks whenever I need to, which is useful for wellbeing"

"There are fewer distractions"

"I have more personal space at home which reduces stress"

We asked if people were ever worried about working from home. Some said they were worried about being able to separate their work from their home life.

We wanted to understand what employers and employees like and dislike about their office, and the impact their workspace has on their productivity and wellbeing. We explored what office workspaces would be like in the future - will they look and feel the same? We spoke to 409 people via online survey over a six week period in 2019. We're keen to keep talking.

If you have something to add, please get involved. Speak to Harriet Murray Jones on hmjones@hcrlaw.com.

Tell us what you think

How does working from home affect your productivity and work life balance, and that of your teams?

If we're all more productive at home, why don't we work from home more often?

How can we explain the gap between people that say their employer doesn't allow them to work from home, and employers that say they do allow it?

What are the differences in how people that work from home sometimes, and people that work from home all the time, perceive home working?

What are the biggest challenges in managing teams that work from home and how are these overcome?

*122 people gave a reason